

Community Health Day

Saturday, May 19th from 9am - 11:30am

East Carondelet Community Center - 832 State Street, East Carondelet, IL 62240

INDIVIDUALS OF ALL AGES ARE WELCOME & ENCOURAGED TO ATTEND!

Health Screenings Available at this Event

- Anxiety & Depression Screenings
- Blood Pressure Checks
- Breast Health Education
- Diabetes Education
- Domestic Violence Prevention Services
- Drug & Alcohol Counseling (Private)
- Fitness Screenings
- HIV Testing
- Mammogram Appointments (35 and older)
- Marketplace Health Insurance Plans
- Nutrition Education
- Oxygen Level Screenings
- Vision Screenings (Compliments of Lion's Club)
- Volunteer Services

Sign up for Diabetes & Nutrition Fitness Classes!

Group & Individual Sessions Available

Transportation will be available for those attending Diabetes & Nutrition Fitness Classes



For more information please contact Felecia Jackson: fjackson@touchette.org | 618.332.6119

Touchette
REGIONAL HOSPITAL